

# ***RGVSCA Los Fresnos***

***DATE:*** *October 11-12, 2019*

***Location:*** *Los Fresnos Aquatic Center  
Los Fresnos TX. 78566*

***Format :*** *Diving Warm-up @ 10:30 am  
Start time @ 12:00 pm  
6 Dive Meet*

*Swimming Warm-up A 7:30-8:00 am  
Warm-up B 8:00-8:30 am  
Warm-up C 8:30-9:00 am*

*One way starts will be allowed the last 10 minutes of warm-up  
Warm-up times will be emailed on Thursday morning after entries are received  
Lane assignments will be posted Meet Start time 9:30 am*

***Events:*** *High School order of Events  
Each Swimmer/Diver may enter four events,  
No more than two may be individual events.  
Each team can make an unlimited number of entries per  
event. Two relays per team*

***Entries:*** *Due Wednesday, October 9th, 2019  
E-mail HY-TEK to: [arnoldp75@msn.com](mailto:arnoldp75@msn.com)*

***Scoring:*** *Top sixteen will score in each event*

***Awards:*** *Medals Top Three and Ribbons for Top eight*

***Fees:*** *\$8.00 per person ENTERED into the meet, regardless of attendance  
Make check payable to: **RGVSCA** and mail to:  
**Timothy Nelson, 3210 Black Oak Ln, Mission, Texas 78573***

*Note: We have 16 team attending and there is limited seating. Please bring tents to camp outside and let your parents know to bring their chairs. Contact Coach Perez @ 534-4619 cell 254-5249 School*